

SPORTS & HOMELESSNESS



STREET
SMART

ACTION AGAINST
HOMELESSNESS

Sport and recreation is a powerful motivator, connecting many people from different backgrounds in a common goal and passion.

It is also a successful tool to **engage and help people experiencing homelessness** and **social isolation**. Research, and our own lived experiences, tell us that more frequent social contact is associated with higher life satisfaction and better, **overall health** and **wellbeing** outcomes. Conversely, **social isolation and loneliness** can have significant, negative impacts for many people's health and wellbeing.



HELPING HOOPS

SPORTS & HOMELESSNESS

Over our 20 year history, we have championed and empowered sport and recreation programs that create change for people experiencing homelessness and at risk populations, including children.

From street soccer programs, to running clubs and basketball games, we have helped increase access to these changing and life saving programs across Australia.



“It’s more than a sports program – it’s about being a community that is supportive of their health and wellbeing. Health outcomes are really important to the program and sport is a great starting point.”



COHEALTH KANGAROOS

AFRI-AUS CARE



“StreetSmart’s support helped re-engage our young people through weekly participation-based basketball sessions. We will also involve the parents by having family gatherings to increase social cohesion. When these children and young people become disengaged and bored, they are at greater risk of becoming involved in petty crime and ending up in youth detention.”

“Small sporting and rec programs like ours run on such little available administration time and funds so even a relatively small grant such as this one really does make a huge difference. With all of our costs increasing year on year it is so wonderful to receive this support from you.”



BIG ISSUE STREET SOCCER

SPORTS & HOMELESSNESS

Supporting these programs sits under our “Enhancing Health, Wellbeing and Social Inclusion outcomes” Impact pillar. This pillar of our work helps achieve improved health wellbeing and social outcomes often running in tandem with improving a person’s housing outcome.

That’s not to mention the health benefits, which are a key focus of many programs. It is **well known** that homelessness takes a toll on your health. 65% of people who have experienced homelessness have a long-term health condition, and 34% have a mental health condition. 1 in 4 within this cohort would rate their health as fair or poor. Building connection and resilience are often seen as an important part of any housing program.

Help people access, set up and maintain housing

Feed people and families

Enhance Health, Wellbeing and Social Inclusion outcomes

Break the cycle through training and employment

Strengthen communities through advocacy and education

Emergency support and essential support

JOIN OUR COLLECTIVE

STREETSMART IS AIMING TO FUND \$100,000 OF SPORTING AND RECREATIONAL COMMUNITY INVESTMENT OVER THE NEXT 12 MONTHS: 

- ✓ **Funded access to sport teams, programs and activities for vulnerable participants**
- ✓ **Equipment and uniform/clothing costs covered**
- ✓ **Transport**
- ✓ **Tailored program costs (eg: mentors, leaders and specialised support), enabling programs to identify and recruit participants within the community sector**

Programs and clubs:

- Soccer and football teams
- Running clubs
- Basketball teams
- Hiking and camping groups
- Walking and social groups

People directly impacted:

- Children in refuges, often with their mother/parent fleeing domestic violence
- At risk youth seeking peer to peer connections
- Rough sleepers connecting to social interactions
- Migrants and Refugees who are isolated

EMPOWERING TOMORROW. THIS IS WHERE PHILANTHROPY MEETS VISION.

Contact Geoff Hills, CEO StreetSmart Australia to explore how you can collaborate with visionary foundations, philanthropists and individuals, through donation and material aid support.

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